



## Health Matters Newsletter June 8, 2018

### Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Attainable Housing Community Consultations
- Survey to understand the needs for a new set of community health profiles
- Attainable Housing Community Consultations
- Vancouver Foundation- Host your own On the Table Community Conversation
- Clements Centre Society AGM Open House
- Family Support Night Nutrition and Mental Wellness
- Sport for Life Canadian Summit



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### Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- July 5, 4:30-6:30** CVRD Committee Room 2
- ✓ **Next Our Cowichan Network Meeting at July 12 Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

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### Community Events- Meetings

- **Community Response Team Meeting** June 21, 9 am-11am Meeting Room 213 at the CVRD
- **EPIC-Community Steering Committee** June 21, 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum
- **Attainable Housing Regional Consultation Meetings- see information below**

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### Local Data and or Research-

Some of you may have spent some time using the PHSA Community Health Data Website and Community Health Profiles. PHSA intends to make improvements to these community data services and

it would be great for them to hear from you about how these resources could be more usable and accessible for community. Please share the email below with your colleagues locally (including community planners, elected officials and anyone else who might have an interest in accessing community health and wellness data)

Dear colleagues,

The Population and Public Health Team at BC Center of Disease Control, Provincial Health Services Authority is looking for your input **to evaluate the current BC Community Health Data website and understand the needs for a new set of BC Community Health Profiles**. Your input through the survey will provide an understanding of how the BC Community Health Data website is being used, who is using the data, and what improvements could be made to better meet your needs and the needs of your community.

Please access the survey [here](#) (takes 10-15 minutes to complete). We appreciate your participation and you can enter your name at the end of the survey for a **random draw prize for one of two newest 32GB iPads**.

This survey will be closed by 22 June 2018. If you have any questions, please do not hesitate to contact Ellen Lo at [ellen.lo@bccdc.ca](mailto:ellen.lo@bccdc.ca).

We thank you for taking the time to complete this survey. Your valuable input will contribute to future community health profile development activities in B.C.

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## Attainable Housing Community Consultations

Dear Community Members,

This year, Cowichan Housing Association is leading the development of an [Attainable Housing Strategy](#). The project will assess housing stock and need in communities around the Cowichan Region, identify options for innovative, adaptive and sustainable housing tailored to the unique needs of the Cowichan Region, and strategies that will provide direction for local governments, non-profits, business, and community groups to take action.

**We are hosting a series of community consultations to invite your input and ideas on housing in your local area.**

**Please join us at one of the following locations:**

**June 12th** - 4pm - 7pm, Island Savings Centre, (Duncan)

**June 13th** - 4pm - 7pm, Lake Cowichan Recreation Centre (Lake Cowichan)

**June 14th** - 4pm - 7pm, St. Michaels Church (Chemainus)

**June 19th** - 4pm - 7pm, Frank Jameson Centre (Ladysmith)

There will be other opportunities along the way as well. If you have any questions or would like to connect outside of these forums, please contact me!

**Terri Mattin, MA**

Executive Director

Cowichan Housing Association

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Cell: 250-812-7226

[www.cowichanhousing.com](http://www.cowichanhousing.com)



[www.facebook.com/cowichanhousing](http://www.facebook.com/cowichanhousing)

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## Step up to connect with your community. Host your own On The Table.

We recently told you that Vancouver Foundation is trying something different in our 75th anniversary year. We're giving every person and organization an opportunity to step up and do something to make our communities more welcoming. And we're inviting people all around BC to be part of it.

Vancouver Foundation officially launched **On The Table** last week and we're getting a good response so far. Now we want you to join us.

### **Registration is now open. Sign up now!**

Is there a local issue or topic you feel passionate about? Or do you just like the idea of getting together with friends or colleagues together over food? **On the Table** is your chance to spark meaningful conversations for a good cause. Register to host your own event and we will be there to guide and support you along the way.

Registration is simple, all you need for now is your good intention bring people together. You have lots of time to think about your topic and who you'll invite so jump on-board and let us help you be a community catalyst for connection and inspiration.

**Register to host** today and **share our video** with other community catalysts and convenors.

Learn more at [www.onthetablebc.com](http://www.onthetablebc.com) and sign-up today to host your own event.

Register and learn more at [onthetablebc.com](http://www.onthetablebc.com).

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# Clements Centre Society Invites You....

TO OUR 2018 ANNUAL  
GENERAL MEETING  
GUEST SPEAKER:  
DR. SHANNON WATERS  
MEDICAL HEALTH OFFICER  
FOR COWICHAN REGION

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*June 26th 2018 7pm- 8:30 pm*  
*Clements Centre Society*  
*5856 Clements Street*

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We Hope You can Join Us  
Please RSVP to  
[dolaussen@clementscentre.org](mailto:dolaussen@clementscentre.org)



***Find a reason to hope and the means to cope at  
Family Support Night  
Nutrition and Mental Illness***

*for family and friends of people living with schizophrenia and other major mental health concerns*

**When: Monday June 11 2018 7:00 pm to 8:00 pm**

**Where: Island Savings Centre  
(enter beside the library and check the meeting room sign for  
“BCSS”)**

**RSVP:**

Tara McCaffery 250-327-4416 [cowichan@bcss.org](mailto:cowichan@bcss.org)  
or Danita Senf 250-709-2985 [vimanager@bcss.org](mailto:vimanager@bcss.org)



A REASON TO HOPE. THE MEANS TO COPE.  
BRITISH COLUMBIA SCHIZOPHRENIA SOCIETY

Present at the  
**2019 Sport for Life Canadian Summit!**

The Sport for Life Society is calling on leaders from across the sport, recreation, education, and health sectors to share their leading-edge work, inventive programming, best practices, research, and/or findings at the **2019 Sport for Life Canadian Summit**. The Summit takes place in Gatineau, Quebec from January 22 through 24.

The 2019 Sport for Life Canadian Summit theme "**Moving to Action**" is about inspiring leaders to move a nation to action across sport, recreation, health, and education from the community club through to international arenas. Through the beauty of collaborative efforts and unity, let's spark the change that impacts the engagement for all those within the sport and physical activity systems.

The Summit will feature keynotes speakers, individual presentations, panel sessions, and interactive breaks. The streams to consider when submitting a presentation include:

- **Moving Inclusion**: Share actions and examples of how systems are moving from the exclusive system to a universal one where everyone can play and everyone is included.

- **Moving Reconciliation:** Share the promising practices that are moving reconciliation from the 94 Calls to Action led by Indigenous peoples to create change in communities through to national sport organizations.
- **Moving Governance:** Through regulation and enforcement we can influence the sustainable organizations that impact and improve the quality of sport and physical literacy experiences. Governance structure and policy can move us to action.
- **Moving Measurement:** Proper evaluation and data collection is vital for measuring what matters. With quality data and analysis, sectors can transform the ways they operate and demonstrate implementation and impact.
- **Moving Programs:** Spark discussions amongst leaders and experts who are taking action and learning lessons for developing and delivering quality sport and physical activity programs. These programs range from Active Start to Train to Win and on to Active for Life.
- **Moving People:** Share how organizations are building human capital and supporting the development of coaches, officials, instructors, teachers, parents, caregivers, or partners. This stream looks to inspire action in those who are motivated to foster transformation.

#### **Presentation Format Descriptions**

##### Individual Presentation

This is a 25-minute presentation with a five-minute Q&A. You may have up to two presenters; however, please note discounted registration is not confirmed for any presenter.

##### Panel Presentation

This is a single 90-minute presentation delivered by a panel of three to four people on a common theme. Please note, discounted registration is not confirmed for any presenter.

To submit an abstract, [click here for submissions form](#).

Abstracts will be accepted until **July 10**. Early bird registration for the Summit will open **September 12**. Visit the Summit homepage at: [sportforlife.ca/summit/](http://sportforlife.ca/summit/).

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#### **The Sport for Life Canadian Summit**

The Sport for Life Canadian Summit brings together leaders who work to enhance the quality of sport and physical activity in Canada. Sport for Life recognizes that quality sport and physical literacy offer rich benefits to Canadian society through improved health, stronger communities, higher sporting achievement, and stronger national identity. By improving sport, the Sport for Life Society aims to improve the lives of all Canadians.

#### **For more information contact:**

Hannah Mashon

Special Project and Events Coordinator, Sport for Life Society

[hannah@sportforlife.ca](mailto:hannah@sportforlife.ca)

*We acknowledge the financial support of the Government of  
Canada.*

**Canada**

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**Do you have a resource, event or information you would like to share?**

Send it to [cindylisecchn@shaw.ca](mailto:cindylisecchn@shaw.ca) and it will be included in the weekly

**Health Matters Newsletter**